Ohio Department of Education and Workforce Resources for Supporting Mental Health and Wellness

Addressing the Mental Health Needs of Students and Educators: Implications for P20 Partnerships

School-based Mental Health | Ohio Department of Education and Workforce: This Department page features mental health trends, strategies to increase access to care, state and national resources and best-practice training opportunities for anyone supporting school-based mental health implementation.

Student Wellness and Success Funds and Disadvantaged Pupil Impact Aid: This Department page outlines requirements for spending and allowable uses to fund wraparound services for Ohio's students.

Dr. Bruce Perry: Supporting Student and Staff Mental Wellness Video Series: The videos include techniques for safe and inclusive classrooms, alternative strategies to discipline, and educator wellness. This is a follow-up to a previous series with Dr. Perry.

Promoting Mental Health and Wellbeing in Schools: An Action Guide for School and District Leaders (CDC): The guide provides evidence-based strategies to strengthen student resilience and promote school-based mental health and well-being. It discusses increasing mental health literacy, promoting mindfulness and life skills development, enhancing connectedness and supporting school staff well-being.

Ohio School-Based Center of Excellence for Prevention and Early Intervention: the Center is a hub of current and ongoing school-based mental health initiatives. The Center offers technical assistance and professional development to all schools in Ohio on mental health best-practices, early intervention and prevention, and staff wellness.

Prevention Education | Ohio Department of Education and Workforce: This Department page provides information on prevention strategies, prevention requirements for Ohio schools, and suicide prevention resources. The Ohio 2024-2026 Suicide Prevention Plan can be accessed on this page.

Trauma-Informed Schools | Ohio Department of Education and Workforce: This Department page offers resources and training opportunities for schools and districts looking to become trauma-informed.

U.S. Surgeon General's Advisory on Protecting Youth Mental Health: The advisory outlines recommendations that individuals, families, community organizations, social media companies, governments, and others can take to improve mental health for children and young adults. The report also highlights the unprecedented impacts of the pandemic on the mental health of America's youth and families, as well as the mental health challenges that existed long before the pandemic.